

# NIGHT-TIME HEART NUTRITION

EXCLUSIVELY AVAILABLE  
THROUGH YOUR  
**HERBALIFE  
INDEPENDENT  
DISTRIBUTOR**



## Nutritional information, average serving:

	Per 100 g	Per Daily Serving	%RDA
Energy	378 kcal 1578 kJ	34 kcal 142 kJ	
Protein	0 g	0 g	
Carbohydrates	33,3 g	3,0 g	
Fats	1,67 g	0,15 g	
Vitamin C	1111 mg	100 mg	167%
Vitamin E	222 mg	20 mg	200%
Folic Acid	2222 µg	200 µg	100%

\* RDA = Recommended Daily Allowance

### Ingredients:

L-Arginine, flavour enhancer (citric acid), natural lemon flavour, L-Taurine, L-Citrulline, L-ascorbic acid, D-alpha-tocopherol, sweetener (sucralose), lemon balm extract, pteroylmonoglutamic acid, anti-caking agent (silicon dioxide).

For up-to-date ingredient list & nutritional values please refer to the label on the product.

## Targeted Nutrition

Niteworks® contains L-Arginine, which is an essential amino acid known to promote blood circulation. When taken as part of a balanced and varied diet, it may help to increase Nitric Oxide production.

### KEY BENEFITS

- Contains L-Arginine which works together with the body to increase nitric oxide production, to help support normal blood circulation
- Niteworks® is high in vitamin C and E which are beneficial antioxidants known to help protect the cells against free radicals.



### ALSO TRY

Herbalifeline®, which contains both sources of Omega-3 fatty acids (EPA and DHA) to help support a healthy heart.

- Recommended for use before you go to bed for night-time heart nutrition
- Niteworks® powder is a key product in the Herbalife Healthy Heart Programme

### WHY DO YOU NEED IT?

Research suggests that the naturally occurring gas, nitric oxide, promotes good vascular circulation and normal blood circulation, when combined with a balanced and varied diet, and exercise. Starting in your early 30's, nitric oxide levels in the body begin to decline, so it is important to increase your nitric oxide intake by eating enough fruits and vegetables and getting adequate exercise each day.

### USAGE

Mix two scoops (9 g) of Niteworks® powder with 250ml of water or juice. Drink at night before bedtime. Niteworks® is night-time heart nutrition particularly designed for anyone but especially for those above the age of 30.

Your Herbalife Independent Distributor is: